

Supplementary Table III. Contribution of NOVA groups and subgroups to energy, carbohydrates, saturated fat, and protein supply in Mexican households from 1984 to 2018

	Energy (average of percentage)					Carbohydrates (average of percentage)				
	84	94	04	14	18	84	94	04	14	18
UMPF	59.6	59.6	56.6 ^{a,b,c}	56.1 ^{a,b,c}	55.4 ^{a,b,c,d}	63.8	63.4	60.0 ^{a,b,c}	60.5 ^{a,b,c}	59.8 ^{a,b,c,d}
Cereals and tubers	32.3	30.3 ^a	28.8 ^{a,b,c}	30.4 ^{a,c}	29.8 ^{a,c,d}	44.8	44.1	42.0 ^{a,b,c}	43.8 ^c	43.9 ^c
Fruits and vegetables	4.4	4.5	4.8	5.1 ^{b,c}	5.0 ^b	6.7	7.1	7.8	7.7 ^b	7.7 ^b
Legumes	6.4	5.4 ^a	4.8 ^{a,b,c}	4.6 ^{a,b,c}	3.9 ^{a,b,c,d}	7.3	6.6 ^a	5.8 ^{a,b,c}	5.4 ^{a,b,c}	4.7 ^{a,b,c,d}
Meat, dairy and egg	16.4	19.2 ^a	17.9 ^{a,b,c}	15.7 ^{b,c}	16.4 ^{b,c,d}	5.0	5.5	4.6 ^b	3.6 ^{a,b,c}	3.4 ^{a,b,c}
Ingredients	16.3	14.7 ^a	11.2 ^{a,b,c}	9.5 ^{a,b,c}	9.3 ^{a,b,c}	9.8	8.8	6.9 ^{a,b,c}	5.4 ^{a,b,c}	5.2 ^{a,b,c}
Sugars	6.0	5.2 ^a	4.1 ^{a,b,c}	3.2 ^{a,b,c}	3.1 ^{a,b,c}	9.8	8.8	6.9 ^{a,b,c}	5.4 ^{a,b,c}	5.2 ^{a,b,c}
Oils and fats	10.3	9.6	7.1 ^{a,b,c}	6.3 ^{a,b,c}	6.2 ^{a,b,c}	0.0	0.0	0.0	0.0	0.0
PFD	11.4	9.6 ^a	12.5 ^{a,b,c}	13.2 ^{a,b,c}	14.3 ^{a,b,c,d}	11.6	8.7 ^a	10.0 ^{a,b,c}	9.6 ^{a,b,c}	10.4 ^{a,b,c,d}
Cereals	9.2	6.3 ^a	7.7 ^{a,b,c}	7.4 ^{a,b,c}	7.5 ^{a,b,c}	11.0	7.7 ^a	9.1 ^{a,b,c}	8.3 ^{a,b,c}	8.6 ^{a,b,c}
UPFD	6.3	10.7 ^a	15.0 ^{a,b,c}	17.1 ^{a,b,c}	17.5 ^{a,b,c}	7.5	12.5 ^a	17.5 ^{a,b,c}	19.5 ^{a,b,c}	20.3 ^{a,b,c,d}
Cereals	1.8	3.0 ^a	4.6 ^{a,b,c}	5.6 ^{a,b,c}	5.9 ^{a,b,c,d}	2.4	4.0 ^a	6.1 ^{a,b,c}	6.9 ^{a,b,c}	7.4 ^{a,b,c,d}
SS beverages	2.6	4.3 ^a	5.6 ^{a,b,c}	6.1 ^{a,b,c}	6.0 ^{a,b,c}	4.3	7.5 ^a	9.6 ^{a,b,c}	10.1 ^{a,b,c}	10.2 ^{a,b,c}
	Saturated fats (average of percentage)					Protein (average of percentage)				
UMPF	50.9	54.9 ^a	50.6 ^b	46.4 ^{a,b,c}	45.8 ^{a,b,c}	74.1	74.1	69.4 ^{a,b,c}	67.3 ^{a,b,c}	66.5 ^{a,b,c,d}
Cereals and tubers	6.6	5.3 ^a	4.5 ^{a,b,c}	4.7 ^{a,b,c}	4.5 ^{a,b,c}	24.9	21.6 ^a	20.3 ^{a,b,c}	21.6 ^{a,c}	20.9 ^{a,d}
Legumes	0.7	0.5	0.4 ^a	0.3 ^{a,b,c}	0.3 ^{a,b,c}	11.0	9.0 ^a	7.9 ^{a,b,c}	7.5 ^{a,b,c}	6.3 ^{a,b,c,d}
Meat, dairy and egg	42.1	47.6 ^a	44.4 ^{a,b,c}	39.7 ^{a,b,c}	39.5 ^{a,b,c}	33.4	38.9 ^a	36.3 ^{a,b,c}	33.1 ^{b,c}	34.3 ^{b,c,d}

Ingredients	26.7	19.2 ^a	13.9 ^{a,b,c}	12.8 ^{a,b,c}	12.1 ^{a,b,c,d}	0.2	0.2	0.2	0.2	0.2
Oils and fats	26.7	19.2 ^a	13.9 ^{a,b,c}	12.8 ^{a,b,c}	12.1 ^{a,b,c,d}	0.1	0.1	0.1	0.2 ^a	0.2 ^{a,b,c}
PFD	15.7	15.1	21.2 ^{a,b,c}	23.9 ^{a,b,c}	25.3 ^{a,b,c,d}	11.5	11.4	14.5 ^{a,b,c}	15.8 ^{a,b,c}	17.5 ^{a,b,c,d}
Cereals	10.3	7.6 ^a	9.6 ^b	10.0 ^b	10.1 ^b	6.6	4.2 ^a	4.7 ^{a,b,c}	3.9 ^{a,b,c}	3.9 ^{a,c}
Meat and dairy	3.6	4.6 ^a	8.0 ^{a,b,c}	9.8 ^{a,b,c}	10.2 ^{a,b,c}	2.3	3.2 ^a	5.1 ^{a,b,c}	5.9 ^{a,b,c}	6.2 ^{a,b,c,d}
UPFD	6.0	10.5 ^a	14.1 ^{a,b,c}	16.6 ^{a,b,c}	16.6 ^{a,b,c}	3.2	5.3 ^a	8.5 ^{a,b,c}	9.9 ^{a,b,c}	10.2 ^{a,b,c}
Meat	3.1	5.8 ^a	7.5 ^{a,b,c}	7.9 ^{a,b,c}	7.3 ^{a,b,c,d}	1.6	2.7 ^a	4.4 ^{a,b,c}	4.9 ^{a,b,c}	4.6 ^{a,b,c}

M: mean; UMP: unprocessed or minimally processed; PCI: processed culinary ingredients; PFD: processed foods and drinks; UPFD: ultra-processed foods and drinks; SS: sugar-sweetened. Percent contribution of each nutriment to total daily household food supply by adult equivalent. Weighted estimates are reported. Superscripts mean that there was a significant difference ($p < 0.050$) using Bonferroni's adjustment for multiple comparisons: ^aSignificant difference from 1984, ^bSignificant difference from 1994, ^cSignificant difference from 2004, and ^dSignificant difference from 2014.